

## Kit and Clothing for Camp Liahona

Camping will be enjoyable and spiritual goals approachable if campers are relatively comfortable. A youth will not be able to have fun or focus on spiritual goals when he is too cold or wet or hungry. It is the responsibility of leaders and parents to see that everyone in their stewardship is properly outfitted. Here is a tick list of things you will want to consider. Please do not consider this to be either a required list or a complete list.

### Kit

Torch with spare batteries  
First aid kit  
Prescribed medication (with clear instructions, the doctor's name/emergency address and number)  
Scriptures  
Wash bag/ towel  
Sleeping bag / quilt  
Under mat or something soft to sleep on  
Rucksack  
Waterproof raincoat  
Plate, Bowl, Mug, Cutlery (labeled and in a bag)  
Colouring pencils  
Journal  
Small notepad  
No electronic devices of any type except as specified in the Rules & Guidelines  
Nothing of special value - there are no security provisions

### Clothing

Enough clothes for the duration of your camp (include extra for messy activities: no laundry facilities at camp)  
We strongly recommend all shoes be closed toe  
T-Shirts  
Long sleeved shirts  
Warm jumper or jacket  
Full length trousers  
Shorts (must be to the knee)  
Swimsuit (one-piece for women and girls)  
Underwear